



Cambridge Cycling Club

presents the Result Sheet for

‘The Viking 50’

East Anglian VTTA Group Championship 50

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

Course F2/50 Saturday, June 22nd, 2024

Event Organiser: Chris Dyason, 2 Primes Corner, Histon, CB24 9AG cdyason@hotmail.com 07970-093019

Timekeepers: Tim Groves and Martyn Anderson

The Viking Road Club Open 50 was one of the classic Essex time trials reliably producing fast times from top riders on the Southend Road and later on the A12. Sadly the event had its last running by Viking RC in the 1990s and in 2017 the club was disbanded. Cambridge CC resurrected the classic event in 2019.

Time trials can't happen without a bunch of people giving their time to help and a 50 with 126 entries is a long event. Thanks are due to all those helping today: Tim Groves and Martyn Anderson (timekeeping), Dominic Whitehead (assisting timekeepers and reporting times), Keith West (results display), Matt O'Brien (pushing), all the marshals: Roger Sewell, Ian Bell, Bruce Williams, Dave Yarham, Peter Smith, Dave Nock, Judy Brown, Lucy Griffin, Nick Hickman, Ian Cardy, Stuart Tait and Mark Bartley, and lastly my wife Paula doing the tea and cakes, some of which were donated by Sarah Matthews.

Tim Baggs unfortunately crashed on his second lap and was taken to hospital by **James Wood** who was driving home on the other carriageway after his early DNF – James turned back to help, which was fortunate because the ambulance service was subject to an extended delay. Tim was kept in hospital with collar bone and ribs broken and a punctured lung but is now recovering at home. **Lloyd Chapman** stopped at the scene to assist but after ensuring Tim was safe and heading to hospital he continued his ride, finishing in a remarkable 1:55.

The list of winners is on the next page. Some awesome times and plenty of PBs. Well done everyone.

Brian Jones of Kimroy Photography was at the event and photographs can be found here:

<https://www.kimroy-photography-2.co.uk/category/89239.html>

If you enjoyed this Cambridge CC promotion and the F2 course, on September 10th we have our open 25 on F2A/25.

PRIZES

The Viking 50: (adjusted for one rider, one prize)

Fastest male	£40.00	James Jenkins, Hart Performance Coaching	1:36:12
2 nd	£30.00	Haydn James, BPC FLOWBIO race team	1:38:32
3 rd	£25.00	Jack Levick, Rose Race Team	1:38:43
4 th	£20.00	Toby Williams, Velotic Racing Team	1:39:47
5 th	£15.00	Paul Pardoe, Peterborough CC	1:40:04
Fastest female	£40.00	Emily Martin, Team Bottrill	1:46:11
2 nd	£25.00	Louise Robinson, Shaftesbury CC	1:50:56
3 rd	£15.00	Hannah O'Brien, Loose Cannon's Conditioning	1:52:21
Fastest road bike	£20.00	Chris Owen, Cambridge CC	1:55:18
Fastest club team of 3	£20.00e	Bath CC: Simon Brace, Steven Cottington, Peter Cottington	5:31:20
2 nd	£10.00e	Team Bottrill: Emily Martin, Kim Barfoot-Brace, Richard Mellor	5:49:07
1st male on Age Adjusted time	£40.00	Anthony Turner, Mickey Cranks CC	1:36:02
2 nd	£30.00	Cris Coxon, Brighton Mitre CC	1:36:44
3 rd	£25.00	Simon McNamara, Sigma Sports Race Team	1:37:04
4 th	£20.00	Gregory Woodford, Reading CC	1:37:34
5 th	£15.00	Steven Cottington, Bath CC	1:37:41
1st female on Age Adj. time	£40.00	Sarah Matthews, ...A3crg	1:33:14
2 nd	£25.00	Kim Barfoot-Brace, Team Bottrill	1:39:28
3 rd	£15.00	Deborah Sheridan, ...A3crg	1:40:28

East Anglian VTTA Championship 50 – EA VTTA members only:

1st male and 1st female on AAT Paul Pardoe & Louise Robinson share The Syd Parkinson Cup for a year.

Would all money winners please **email bank details** (full account name, sort code, account number) so I can make online payments.

Chris Dyason

Cambridge CC 'The Viking 50' + VTТА EA Group Championship

Course F2/50 - June 22, 2024 - Results

Pos.	No.	Name	Club	Cat	Age	Bike	Age Adj.	Time	Adj Time	AAT Pos.
1	120	James	Jenkins	Hart Performance Coaching	S	25	TT	1:36:12		
2	113	Hadyn	James	BPC FLOWBIO race team	V	40	TT	0:00	1:38:32	10
3	118	Jack	Levick	Rose Race Team	S	27	TT	1:38:43		
4	20	Cris	Coxon	Brighton Mitre CC	V	47	TT	2:08	1:38:52	3
5	114	Toby	Williams	Velotik Racing Team	S	31	TT	1:39:47		
6=	112	Paul	Pardoe	Peterborough CC	V	43	TT	0:44	1:40:04	12
6=	117	Simon	McNamara	Sigma Sports Race Team	V	49	TT	3:00	1:40:04	5
8	111	Anthony	Turner	Mickey Cranks Cycling Club	V	53	TT	5:04	1:41:06	2
9	115	Ross	Clarke	TMG Horizon Cycling Team	S	39	TT	1:41:29		
10	106	Lee	Williams	FTP (Fulfil The Potential) RT	S	39	TT	1:43:24		
11	109	Nic	Pillinger	St Neots CC	V	46	TT	1:44	1:43:25	19
12	77	Daniel	Legg	North Hampshire RC	V	54	TT	5:39	1:44:26	11
13	102	David	Glossy	Elysium Kalas Race Team	V	51	TT	3:58	1:44:31	15
14	101	Mark	Hamer	Legato Racing Team (LRT)	V	49	TT	3:00	1:45:09	21
15	98	John	Brearley	ADDFORM Vive Le Velo	S	36	TT	1:46:08		
16	100	Emily	Martin	Team Bottrill	FS	34	TT	1:46:11		
17	94	Matthew	Uttley	Nottingham Clarion CC	V	49	TT	3:00	1:46:32	24
18	45	Samuel	Robinson	Ashford Whs	S	35	TT	1:46:35		
19	108	Mat	Ivings	Buxton CC/Sett Valley Cycles	V	51	TT	3:58	1:47:06	22
20	110	David	Parkin	Velotik Racing Team	S	37	TT	1:47:20		
21	95	Mark	Redwood	Velo Club Long Eaton	V	50	TT	3:28	1:47:33	27
22	121	Josh	Ibbett	HuntBikeWheels.com	S	36	TT	1:47:51		
23	85	Alan	Spurden	Army Cycling	V	56	TT	6:55	1:48:16	17
24	89	Sam	Straw	ADDFORM Vive Le Velo	S	34	TT	1:48:20		
25	97	Andrew	Wenham	Shaftesbury CC	V	48	TT	2:33	1:48:42	30
26=	72	Simon	Brace	Bath Cycling Club	V	50	TT	3:28	1:49:06	29
26=	88	Steven	Cottington	Bath Cycling Club	V	62	TT	11:25	1:49:06	7
28	57	Gregory	Woodford	Reading CC	V	63	TT	12:18	1:49:52	6
29	96	Tom	Wade	Cambridge University CC	S	26	TT	1:50:42		
30	66	Louise	Robinson	Shaftesbury CC	FV	47	TT	13:58	1:50:56	4
31	80	Philip	Wilkinson	Rockingham Forest Wheelers	V	51	TT	3:58	1:52:06	35
32	37	Chris	Knight	Team Trident	V	58	TT	8:17	1:52:13	26
33	21	Hannah	O'Brien	Loose Cannon's Conditioning	FV	47	TT	13:58	1:52:21	9
34	70	Kim	Barfoot-Brace	Team Bottrill	FV	43	TT	13:19	1:52:47	13
35	71	Peter	Cottington	Bath Cycling Club	V	62	TT	11:25	1:53:08	20
36	79	John	Manlow	Ely & District CC/B&T Motor Rep's	V	55	TT	6:16	1:53:23	31
37	25	Peter	Richards	Icknield RC	V	60	TT	9:47	1:53:26	25
38	81	Roger	Sheridan	North Devon Velo	V	63	TT	12:18	1:53:28	16
39	74	Ed	Tarelli	Race Hub	V	52	TT	4:30	1:53:51	38
40	67	Chris	Shaw	Fenland Clarion CC	V	61	TT	10:35	1:53:55	23
41	78	Abid	Hussain	Icknield RC	V	48	TT	2:33	1:53:57	47
42	65	Ian	Braybrook	Basildon CC	V	49	TT	3:00	1:54:01	46
43	50	Peter	Tomlin	North Hampshire RC	V	67	TT	16:08	1:54:04	8
44	64	Michael	Martin	CC Ashwell	V	59	TT	9:01	1:54:08	28
45	76	Dan	Jenkins	Hart Performance Coaching	V	56	TT	6:55	1:54:45	34
46	52	Mark	Jones	360cycling	V	46	TT	1:44	1:54:54	52
47	47	John	Hyde	Velo Club St Raphael	V	53	TT	5:04	1:54:59	40
48	90	Lloyd	Chapman	Loose Cannon's Conditioning	S	34	TT	1:55:06		
49	41	Chris	Owen	Cambridge CC	S	38	RB	1:55:18		
50	68	Thomas	Pfeiffer	Dulwich Paragon CC	V	53	TT	5:04	1:55:20	41

Pos.	No.	Name		Club	Cat	Age	Bike	Age Adj.	Time	Adj Time	AAT Pos.
51	59	Michael	Wills	Team Lutterworth Cycle Centre	V	65	TT	14:08	1:55:36	1:41:28	18
52=	40	William	Webb	CC Ashwell	V	57	TT	7:35	1:55:58	1:48:23	36
52=	60	Robert	Barker	Kettering CC	V	51	TT	3:58	1:55:58	1:52:00	48
54	73	Jez	Willows	Sherwood CC	V	59	TT	9:01	1:56:39	1:47:38	32
55	63	Andrew	Halliday	Westerley Cycling Club	V	52	TT	4:30	1:56:55	1:52:25	50
56	17	Chris	Sidney	Coalville Whs	V	40	RB	0:00	1:57:21	1:57:21	61
57	99	Jonathan	Durnin	Welland Valley CC	V	52	TT	4:30	1:57:24	1:52:54	51
58	46	Chris	Cummings	Fenland Clarion CC	S	37	TT		1:57:40		
59	31	Mark	Read	Dulwich Paragon CC	V	52	TT	4:30	1:58:13	1:53:43	54
60	32	Sarah	Matthews	...a3crg	FV	64	TT	25:23	1:58:37	1:33:14	1
61	36	John	Watson	Hitchin Nomads CC	V	58	RB	8:17	1:59:11	1:50:54	43
62	61	Gary	Pamment	CC Sudbury	V	53	TT	5:04	1:59:31	1:54:27	56
63	69	Richard	Tully	Elite Cycling	V	47	TT	2:08	1:59:50	1:57:42	63
64	15	Chris	Symonds	North Road CC	V	50	TT	3:28	1:59:58	1:56:30	59
65=	43	Matthew	Cook	Bedfordshire Road RT	V	53	TT	5:04	1:59:59	1:54:55	57
65=	87	Daniel	Ryan	North Road CC	V	40	TT	0:00	1:59:59	1:59:59	66
67	86	Colin	Parkinson	South Western Road Club	V	62	TT	11:25	2:00:13	1:48:48	37
68	29	Billy	McCafferty	Velo Club Long Eaton	S	34	TT		2:00:15		
69	55	Adrian	Gower	Hitchin Nomads CC	V	61	TT	10:35	2:01:30	1:50:55	44
70	54	Joanna	Cebat	360cycling	FV	45	TT	13:36	2:03:15	1:49:39	39
71	33	Barrie	Whittaker	Lyme Racing Club	V	67	TT	16:08	2:03:50	1:47:42	33
72	22	Matthew	Fox	Watford Velo Sport	V	47	TT	2:08	2:04:01	2:01:53	68
73	44	Duncan	Godfrey	Team Trident	V	46	TT	1:44	2:06:25	2:04:41	71
74	4	Amy	Sole	Full Moo Cycling	FV	50	TT	14:44	2:06:52	1:52:08	49
75	7	Mike	Bishop	Cambridge Triathlon Club	V	52	TT	4:30	2:07:04	2:02:34	69
76	123	Ashley	Glass	North Road CC	V	57	TT	7:35	2:08:08	2:00:33	67
77	28	Steve	Cornish	St Ives CC	V	68	TT	17:12	2:08:10	1:50:58	45
78	3	Liffey	Daniels	FTP (Fulfil The Potential) RT	FS	38	TT		2:08:47		
79	49	Steve	Clarke	TMG Horizon Cycling Team	V	69	TT	18:18	2:08:53	1:50:35	42
80	24	Sarah	Kelman	St Ives CC	FV	53	TT	15:51	2:09:16	1:53:25	53
81	19	Richard	Mellor	Team Bottrill	V	55	RB	6:16	2:10:09	2:03:53	70
82	27	Deborah	Sheridan	...a3crg	FV	67	TT	30:19	2:10:47	1:40:28	14
83	124	Robert	Bumstead	CC Ashwell	V	65	TT	14:08	2:11:47	1:57:39	62
84	13	Ivana	Prokopova	North Road CC	FV	48	TT	14:11	2:12:36	1:58:25	64
85	9	Andrea	Winkless	Coalville Whs	FV	53	RB	15:51	2:13:08	1:57:17	60
86	10	Paul	Wright	Army Cycling	V	56	TT	6:55	2:16:20	2:09:25	75
87	8	Judy	Reid	Icknield RC	FV	64	TT	25:23	2:19:32	1:54:09	55
88	2	Dawn	Donaldson	St Neots CC	FV	50	TT	14:44	2:20:19	2:05:35	73
89	5	Pamela	Moore	Coalville Whs	FV	57	TT	18:08	2:24:05	2:05:57	74
90	122	Garret	Fay	Icknield RC	V	48	TT	2:33	2:25:18	2:22:45	76
91	23	Shay	Giles	Thanet RC	V	79	TT	32:18	2:28:31	1:56:13	58
92	6	Jill	Bartlett	Hounslow & District Whs	FV	64	TT	25:23	2:30:38	2:05:15	72
93	1	John J	Murphy	Gloucester City CC	V	84	TT	42:03	2:40:29	1:58:26	65

Pos.	No.	Name	Club	Cat	Age	Bike	Age Adj.	Time	Adj Time	AAT Pos.
11	Gary	Freer	Team Trident	V	44	RB	1:02	DNF		
12	Gary	Tuskin	Poole Wheelers CC	V	56	TT	6:55	DNF		
38	Rob	Vessey	...a3crg	V	61	TT	10:35	DNF		
51	Philip	Jones	Peterborough CC	V	65	TT	14:08	DNF		
53	James	Wood	West Suffolk Wheelers	V	61	TT	10:35	DNF		
56	Tim	Baggs	Sherwood CC	V	54	TT	5:39	DNF		
75	Mark	White	Mark White Coaching RT	V	54	TT	5:39	DNF		
92	Peter	Main	34 Nomads CC	V	58	TT	8:17	DNF		
103	Leon	Marshall	Royal Navy Cycling (RNC)	V	44	TT	1:02	DNF		
119	Christopher	Mcnamara	Sigma Sports Race Team	V	49	TT	3:00	DNF		
126	Paul	Williams	Hillingdon Triathletes	V	58	TT	8:17	DNF		
14	John	Capel	Coalville Whs	V	53	TT	5:04	DNS(A)		
16	Paul	Wyatt	Shaftesbury CC	V	51	TT	3:58	DNS		
18	Deborah	Coyle	Shaftesbury CC	FV	48	TT	14:11	DNS		
26	Joy	Payne	VTTA (London & HCs)	FV	67	TT	30:19	DNS(A)		
30	John	Golder	Chelmer CC	V	71	TT	20:39	DNS(A)		
34	Mark	Morgan	Coalville Whs	V	64	TT	13:12	DNS(A)		
35	Tom	McGhie	Team Skipper	V	42	TT	0:28	DNS(A)		
39	Chris	Spray	Ratae RC	V	57	TT	7:35	DNS(A)		
42	Nick	Giles	Pocomotion Road Club	V	65	RB	14:08	DNS(A)		
48	Simon	Lovelock	Team Skipper	V	40	TT	0:00	DNS(A)		
58	Lara	Franklin	Stowmarket & District CC	FS	32	TT		DNS(A)		
62	Nat	Orpen-Palmer	Dulwich Paragon CC	S	37	TT		DNS		
82	David	Ackerley	Stowmarket & District CC	V	45	TT	1:22	DNS(A)		
83	Jeff	Roberts	High Wycombe CC	V	59	TT	9:01	DNS(A)		
84	Mark	Woolford	ZeroBC Race Team	V	58	TT	8:17	DNS(A)		
91	Stefan	Gloyn	Army Cycling	S	39	TT		DNS(A)		
93	Christian	Geldard	FTP (Fulfil The Potential) RT	V	49	TT	3:00	DNS(A)		
104	Peter	Harding	Chelmer CC	V	43	TT	0:44	DNS(A)		
105	Karl	Norris	360VRT	V	53	TT	5:04	DNS(A)		
107	Timothy	Welsh	Cambridge CC	S	27	TT		DNS(A)		
116	Anthony	Jones	VMCC powered by Y Beic	V	50	TT	3:28	DNS(A)		
125	Bruce	Metheringham	North Road CC	V	58	RB	8:17	DNS(A)		